

**KNOW YOUR LIMIT**

DRINKS		BODY WEIGHT IN POUNDS								
		100	120	140	160	180	200	220	240	
ONE DRINK EQUALS: 1 oz. of 100 proof liquor 4 oz. of table wine or 12 oz. of beer	1	.04	.03	.03	.02	.02	.02	.02	.02	REASONABLE
	2	.08	.06	.05	.05	.04	.04	.03	.03	
	3	.11	.09	.08	.07	.06	.06	.05	.05	
	4	.15	.12	.11	.09	.08	.08	.07	.06	
	5	.19	.16	.13	.12	.11	.09	.09	.08	ILLEGAL
	6	.23	.19	.16	.14	.13	.11	.10	.09	
	7	.26	.22	.19	.16	.15	.13	.12	.11	
	8	.30	.25	.21	.19	.17	.15	.14	.13	
	9	.34	.28	.24	.21	.19	.17	.15	.14	
	10	.38	.31	.27	.23	.21	.19	.17	.16	

Subtract .01% for each hour of drinking after first hour.  
 In OHIO, YOU are legally "under the influence" at a BAC of .08% or higher.  
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